



INTEGRATED
HEALTH
ORGANIZATION



VIRTUAL INTER-AFRICAN WEBINAR

with theme

“Africa’s Journey Towards Achieving Universal Health Coverage”

Date: 12th December, 2020 Time: 11; 00am – 14; 30pm (GMT+1)

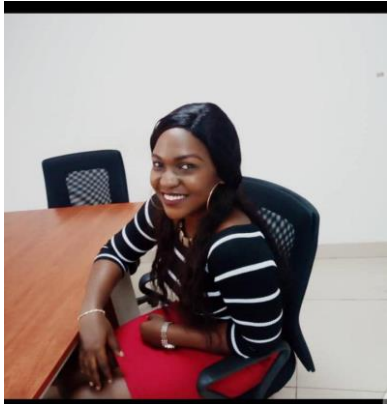
Panel Discussion Moderators

&

Presenters catalogue

WEBINAR CO-HOST: Mrs Lukong Manuela Ymele

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Manuela is a young Cameroonian with great passion for community health and community engagement. She is a holder of a Bachelor of Science degree in Microbiology and Master degree of Public Health both from the University of Buea, Cameroon.

She is the Co-founder of the Integrated Health Organization (IHO) and in charge of finance and accounting. With IHO, she together with her team organizes and participates in several community-based interventions aimed at promoting healthy living amongst underserved communities

Manuela has worked as a Project Assistant with the Japan International Corporation Agency (JICA) Cameroon; where she provided operational and administrative support, coordination, and program assistance in the implementation of about 5 national projects in Cameroon.

She is currently, the public health specialist at this very organization and has been able to demonstrate her capacities in public health related issues. She is a member of the Cameroon Society of Epidemiologist, and a fellow of the Adolphe Monkienjie Fellowship since the year 2016. Manuela values integrity, fairness, impartiality, honesty, and truthfulness. She possesses good interpersonal skills and maintains a calm personality at all times. She has a strong affinity in assisting underserved populations with experience in driving change to promote equity in the health care systems, thus achieving her dreams of serving humanity.

Moderator for Panel 1: Miss Atone Siri Azinui

<https://www.linkedin.com/in/atone-siri-azinui-639b2a164>



Born in Bali Nyonga, North West Region of Cameroon, Atone Siri Azinui is the last but one child in a family of seven. She holds a Bachelor's degree in Microbiology from the University of Bamenda after which she served as a voluntary worker at the Mbengwi District Hospital as a laboratory technician for a period of 6 months. She further worked as a community health worker in the Mbengwi Health District for 1 year. Due to her passion to serve her community via the health sector, she was enrolled into the University of Buea in 2017 where she joined the Integrated Health Organisation and

has been serving the community of Buea and it's environ through series of sensitizations and community work. She holds a Master of science degree in Epidemiology and Control of Infectious Diseases from the department of Microbiology and Parasitology in the University of Buea. She currently works at the South West Regional Delegation of Public as a data manager in the call centre.

Panel 1; 1st Presenter: Miss Adanze Nge Cynthia

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<http://www.integratedhealth-organization.org/>



Co-founder and Chief of Administration and Communication at the Integrated health Organization, Cynthia is a Cameroonian, and holds a B.Sc. in Microbiology, and a Master of Public Health. Currently enrolled in a Ph.D. program in Public health. She has a rich experience in community health related activities dating back to her days as the president of the Buea University Microbiology Student Association (BUMPSA) where with her team, she organized the first ever blood grouping campaign on campus which recorded a huge success and recognition from the vice chancellor. With her organization, IHO, she has carried out several health programs in communities spread over Cameroon. She also got to experience community health work when she worked with the Rhema Care Integrated Development Centre, Port Harcourt in Nigeria on their HIV support program to vulnerable kids living with HIV; a CDC and USAIDS funded program. Her experiences include those previously cited but are not limited to them. Indeed, Cynthia also worked for the El Bene hospital, Port Harcourt, Nigeria as their health business developer; she was also privileged to actively work with the hospitals health insurance team where she was involved in insuring most oil companies enrolled at the hospital, attended local state trainings on health insurance policies and ethics. Her passion for gender equity won her the role of SheDecides 25 by 25 Cameroon Ambassador for 2020/2021.

Cynthia has so much interest in HIV/AIDS reason why her master's thesis and subsequent publication was focused on HIV-related stigma. She is also very passionate about Universal Health Coverage and Public Health Policies. During her free time, Cynthia is a free-lance writer both private and for some online blogs, loves African music and enjoys natural resorts.

Panel 1; 2nd Presenter: Miss Chi Ndum Naomi



<https://www.linkedin.com/in/chi-n-naomi-564260201>

Naomi is a young, determined and passionate female born on the 10th October 1993 in EsuMenchum division, North West Region of Cameroon. Presently lives and work in Douala, Cameroon. She's a graduate with a Bachelor's degree in Nursing Sciences obtained from the University of Buea, Cameroon. She holds a certificate in Business Growth, Leadership Development and Purposeful Living Towards National Significance and Global Relevance from Mike Oladipo Global Leadership School with headquarters in Nigeria. She also holds a certificate in R programming/ statistics software for Health Epidemiology obtained from INSEARCH which has its headquarters in Berlin, Germany. She's presently in her final year studying Masters in Epidemiology and Control of Infectious Diseases in the University of Buea, Cameroon. Naomi is a Nurse Educator, Researcher, data analyst, Entrepreneur, Philanthropist, Female Activist, Community Builder, Peace Maker, Motivational Speaker, Blogger and Counsellor. She has a passion for helping disfranchised and underprivileged women and children. She has organized and led teams to carry out skills training

on basic economic activities in orphanages, worked with local non-governmental organizations to fight against gender-based violence, counselled sexually assaulted victims, and other youths in her community. She volunteers with groups and organizations to carry out community development activities. She collaborates with health staff working in different hospitals to reach out to infants, pregnant women and lactating mothers in need, something she finds purpose doing. She has great interest in universal health coverage especially for healthcare services to reach areas and populations greatly in need. In 2019, she started her blog TALKWITHNAOMI, a platform she used to reach out to sexually assaulted victims. The blog also served as a platform for her to relate with members of her community who offered items (food, clothes and other basic needs) for her community programmes in orphanages. She has served as a volunteer (epidemiologist) at Development Initiative International, she is the country mobilizing officer at Pan- African Health Initiative and is an active member of The Brains Association (Centre for Career Orientation, Transformation, Health Awareness and humanitarian Services). Career wise, she worked as a nurse at Health For All Foundation, Buea Cameroon; Centre Des Maladies Respiratoire, Douala Cameroon and Nature's Gift for Life, Douala Cameroon. She served as a Mathematics and Physics teacher at College Chevreul Douala, Cameroon for a period on one year. Following her enrolment into a master's degree programme, she worked with the Norwegian Refugee Council as a data collector and data entry clerk and as a data processing officer for Médecins Sans Frontières (OCBA). Presently she works a researcher, and data analysis tutor at the Lifafa Research Foundation

Moderator for Panel 2: Miss Abikabowei Palvine Naah

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Palvine is Nigerian who hails from the Ondewari community of Bayelsa state Nigeria. She was born and brought up in Bekora Barombi South West region, Cameroon. Growing up in the suburbs where so many mishaps and horrible situations occurred daily, she developed that desire to be a help to her community especially health wise. Having the zeal of becoming a surgeon someday, she studied sciences at the high school but couldn't be granted the opportunity to study medicine at the undergraduate level. She enrolled into a private health institution in 2015 where she obtained her bachelor's degree in medical laboratory sciences. While schooling, she volunteered with two NGOs; Thriving Youth Leaders Initiative (TYLI) for 2years and the Integrated Health Organization (IHO)

from 2017 till date. She has also worked with Frankwest Specialist and Bratan Hospitals respectively all in Yenegoa Bayelsa state. In 2019 her purpose for existence became clearer and so she decided to further her studies in Medical microbiology and parasitology which will help her achieve one of her goals as regards microorganisms and the community. She has acquired some other skills such as Leadership and business skills from the MOGI and she is now a certified community change agent. Outside academics, she is a lover of gospel music and also a very dedicated Christian. she loves traveling a lot especially visiting rural communities. She is also full of many other potentials and skills such as beading, baking, sales etc. She is now not only a laboratory technician but also believes in Good governance and a better Africa (Pan Africanism) which makes her a certified SDG advocate.

Panel 2; 3rd Presenter: Mr Ghangha Jamine

<https://www.linkedin.com/in/ghangha-jamin-931959152>



Ghangha Jamin G. is a Cameroonian who hails from the land of Kom in the North Western part of Cameroon. He grew up principally in the enclaved and rural areas of the region where his parents just had enough to send him to school. While growing up, his burning desire to practice medicine could not be tampered with. He then enrolled into medical school in 2013 but 2 years after, his hopes of studying medicine and contributing to overall health care dwindled. He didn't give up and went ahead to enrol in studying Medical Laboratory Science which he graduated with first class honours. After practicing for 12 months, the purpose for his existence was now clearer than before. In 2019, he decided to go back to school to further his studies in Public Health in the University of Buea, Cameroon with particular interest in Mental Health. Upon graduation, he worked with Doctors Without Borders (DWB) for some time as a professional counsellor in Mental Health. Outside of school, he believes in the existence of God and has the love for lost souls which gives him the joy to evangelize as often as he can preaching the Good News of Christ. He also is a top football player haven played for his school team back in secondary and high school. He has also played for some national football teams in the country. To add more impetus, he has also built a life around research whereby he has written a couple of scientific papers which are in the process of publication. His areas of research are geared towards improving the health situation of communities especially in rural areas. He is on the verge of finalizing a study in mental health. He is confident that one day, mental health will be properly recognized in Cameroon. Today, he is a Laboratory Scientist, Public Health expert, a mental health counsellor and a Mental Health Advocate and a seasoned researcher

Panel 2; 4th Presenter: Miss Daga Miranda Andong

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DAGA MIRANDA ANDONG is a Vibrant young lady born in Cameroon. A third year Nursing student in the University of Buea, Cameroon.

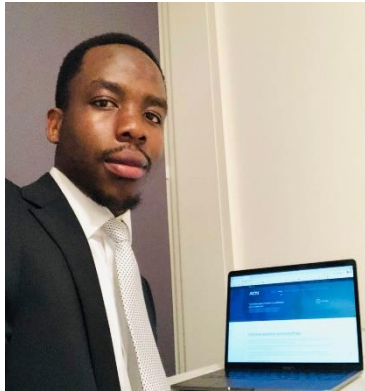
She is passionate about achieving a Primary/Preventive Health Care via health sensitisation and promotional campaigns in the community with an aim of creating a healthy community. With her passion for achieving quality health care in the Health care system and community, she wrote a book titled" MY UNIQUENESS AS A NURSE.

She is a Teacher, SocialPreneur, and Youth Activist, creating impact on Youths with the vision of bringing revolution and positive change particularly in the sector of Health, Leadership and Business.

She Served as an active volunteer and a Co-leader of the Brains Association, being a project leader and developer for a host of health, humanitarian and leadership project by the Association such world kidney day, World volunteerism etc.

Moderator for Open Debate: Mr. Ngenge Ransom Tanyu

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Ngenge Ransom Tanyu is a Doctoral Candidate at the Pedagogical University Kraków and an M.A. student at the Berlin School of Economics and Law. He holds a B.Sc. in Political Science with a Minor in History from the University of Buea and an MPhil in Public Administration from the University of Bergen.

He is the founder of Ngenge-PostGrad Solutions (a study abroad consultancy firm) and a member of the Wimbun Students' Union (WISU) Research Club.

His study focus spans politics of environmental crises, nationalism and ethnic politics, international migration Studies, higher education studies, and public policy analysis.

Ransom Tanyu has worked with UNICEF Norway as a fundraiser for close to two years and he is interested in writing, reading, listening to news and watching football.